

**Dear Jesus**, help me at all times to believe in your love and goodness. Help me to trust in your merciful kindness and your abounding compassion. Help me to think on you constantly and to know with my whole heart that you truly love me, died on the cross for me and extend to me always your everlasting friendship in this life and in heaven, where I will be with you to gaze on your glorious splendor forever.

**O, Jesus, my dear Lord**, I humbly pray that you would forgive me all my sins, those that I remember and those that I have forgotten. I implore you to deliver me from the work and deceptions of the Evil One and from all wicked forces in the world that desire the destruction of my soul. Guard me daily against despair and discouragement. Grant that your holy angels watch over and protect me from evils that may befall me. At the hour of my death, bless me with new measures of faith in your promises that I may follow where you lead me without fear, but with joy unsurpassable. Thank you for my life. I place myself entirely in your loving care. Amen.

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